



# The Mirin Medical Practice Newsletter

In our bi-monthly newsletters we aim to provide helpful information and keep our patients up to date with any recent developments.

July/August 2025



## Surgery Bank Holiday

The surgery will be closed on the below date.

Monday 4th August 2025

## **Surgery opening hours:**

Monday 8am – 6pm

Tuesday 8am – 6pm

Wednesday 8am – 6pm

Thursday 8am – 6pm

Friday 8am – 6pm

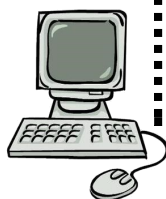
Saturday Closed

Sunday Closed

Closed Daily 12.00–1.30pm

Hello Lyndsay!

Mirin Medical Practice would like to welcome Lyndsay our new ANP at the practice. Lyndsay will be working with us on Tues, Wed and Thursday in the practice.



## Staff Training

from

12.00 - 1.30 pm

## Up to date information



Please remember it is of utmost importance that we have the correct contact details for you. If you change your mobile number /address please contact the surgery to let us know or alternatively this can be done via the practice website.



## Zero Tolerance

We have a zero tolerance policy towards people who are violent or verbally abusive to our staff or other people on the premises.

Behaviour of this kind will result in removal from the practice list and may result in police action.

## Prescriptions

We are reminding patients to please try and arrange all medications in a timely manner. The surgery has seen an increase of request of emergency medications required. Please note all routine prescription requests are a 72hr turnaround.

*Thank you*

## **Contact details:**

**Telephone: 0141 889 2604**

*Option 1 for prescriptions,  
option 2 for all other enquires*

[www.mirinpractice.scot.nhs.uk](http://www.mirinpractice.scot.nhs.uk) (practice website)

## **Address:**

Mirin Medical Practice  
3 Glasgow Road  
Paisley  
PA1 3QS



### EXTENDED HOURS:

We offer GP appointments from

**7.45am – 8.30am**

These are available to patients who **cannot attend during normal surgery hours**

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### **Renfrewshire Carers**

Are you looking after someone? Parents that are older, child with a disability, partner that doesn't keep well or a neighbour. Renfrewshire carers centre offer a variety of support. This includes Financial (Power of attorney), emergency planning at home, counselling, short breaks and much more. Please contact them on Switchboard :0141 887 3643 Care at Home :0141 483 5430

### Alzheimer Scotland Local Advisor

Carolyn Irvine is the local dementia advisor for the Renfrewshire area. Carolyn's role is to offer information, advice and support to anyone who is concerned about their memory, has a diagnosis of dementia or are caring for someone who does. She works closely with Renfrewshire Carers Centre and they routinely refer any carers coping with dementia. Please contact her on 0141 889 1289 or 07787448519

### Appointments in the surgery

We offer patients the option of face to face or telephone appointments up to 4 weeks in advance. If you require a medication review only this can be a 5 minute telephone appointment with your usual GP to discuss medication only. On the day appointments we now are trying to keep for acute medical problems.

We are requesting patients to be prepared when arranging your appointments.

*Thank You*

### **Useful numbers:**

**NHS 24:        111**

*(for healthcare advice when surgery is closed)*

District nurses:    0141 207 7760

Health Visitors:    0141 314 0519

Podiatry (Self-referral): 0141 347 8909



### **Useful links:**

[www.mirinpractice.scot.nhs.uk](http://www.mirinpractice.scot.nhs.uk)

*(practice website)*

[www.nhs24.com](http://www.nhs24.com)

[www.nhsinform.co.uk](http://www.nhsinform.co.uk)

[www.patient.co.uk](http://www.patient.co.uk)