

# What's on?

## Information for Asylum Seekers and Refugees

In this leaflet you will find a list of Glasgow-based organisations providing support and FREE activities, groups, events, workshops and much more!

# Welcome to Glasgow!



**Urban Roots**

Urban Roots is a community-led environmental charity working across the Southside of Glasgow, empowering local people to make choices and lifestyle changes that benefit them, their communities and the environment.

- Gardening Groups
- Woodland Conservation
- Outdoor Wellbeing Projects
- Photo Walks
- Cooking Groups & Community Meals

<http://www.urbanroots.org.uk> ☎ 0141 613 2766



Milk Cafe Glasgow  
452 Victoria Road  
Glasgow,  
G42 8YU

**Milk Café**

MILK is a social enterprise to empower and support refugee and migrant women living in Glasgow.

Milk café is a multifunctional space in which hosting a number of other supportive and inclusive activities. The activities includes;

- ESOL Classes (Women only / sign-up required)
- Women’s Group and Shared Lunch
- Conversation Cafe

Visit their instagram page for timetables and updates:

[https://www.instagram.com/milk\\_cafeglasgow/?hl=en](https://www.instagram.com/milk_cafeglasgow/?hl=en)

<https://www.milkcafeglasgow.co.uk> ✉ [hellomilkcafe@gmail.com](mailto:hellomilkcafe@gmail.com)



31 Garmouth Street  
Govan  
G51 3PR

**Govan Community Project**

Govan Community Project support the diverse communities in local area and refugees and people seeking asylum all over Glasgow, To achieve social justice in the Greater Govan area by building a strong community based on equality, mutual respect, support, and integration.

- |  |                     |
|--|---------------------|
| • Advice & Advocacy                                    | • Conversation Cafe |
| • English Classes                                      | • Men’s Group       |
| • Pantry Vouchers                                      | • Women’s Group     |
| • Homework Club  |                     |
| • Freephone Advice Helpline Mon to Thurs 10am till 1pm |                     |
| ☎ 0800 310 0054  |                     |

<https://www.govancommunityproject.org.uk> ☎ 0141 445 3718



End of St John`s Road,  
Adjacent to 29  
St Andrews Drive  
Pollokshields,  
G41 5SR

## Nan McKay Community Hall

Run by volunteers for over 40 years, the Nan McKay Memorial Community Hall has a comprehensive programme that brings together resources to improve the quality of life for all residents of Pollokshields.

- English Classes
- Art & Craft
- Cookery
- Stained Glass making
- Lunch Club
- Bingo/Dominoes
- Creative Writing Group

<http://www.nanmckay.co.uk>

☎ 0141 429 5370



YOUTH COMMUNITY SUPPORT AGENCY

70 Coplaw Street,  
Glasgow,  
G42 7JQ

## Youth Community Support Agency

YCSA provides the following services City Wide but predominately in Pollokshields and Govanhill to young people from Black and ethnic minority communities and asylum seekers and refugees.

- Counselling services (16 - 25 years old)
- Art Psychotherapy for young
- Youth clubs for age 11-18 (boxing, archery, football)
- Cyling Classes
- Duke of Edinburgh support (14-25 years old)
- Safe to Grow offers art psychotherapy, one to one support, and social activities to asylum seekers and refugees aged between 16 – 25.

<https://www.ycsa.org.uk>

✉ enquiries@ycsa.org.uk

☎ 0141 420 6600



Garnethill  
Multicultural Centre  
21 Rose Street  
Glasgow  
G3 6RE

## Central and West Integration Network

Central and West Integration Network is a Scottish charity based in the centre and west end of Glasgow that supports asylum seekers, refugees, migrant workers and black and minority ethnic people to access resources that improve their standard of living.

- Multicultural Food Hub
- English Classes
- Community Meal
- Drop-in support
- Women`s Sewing Group
- Art Workshops
- Exercise Classes
- Gardening Groups

<https://www.cwin.org.uk/>

✉ info@cwin.org.uk

☎ 0141 573 0978



Flemington House  
(2nd Floor),  
110 Flemington Street,  
Springburn,  
Glasgow,  
G21 4BF

### Interfaith Glasgow

Interfaith Glasgow facilitates friendship-building, dialogue, and cooperation between people from different religious and cultural backgrounds; tackles prejudice; and equips people with the skills to engage fruitfully with religious diversity.

- **Food Justice Network**
- **Weekly Events**
- **Scriptural Reasoning Events**
- **Climate crisis activities**
- **Weekend Club**
- **Faith to Faith**

<https://interfaithglasgow.org>

☎ 0141 558 0778



The Well Multi-Cultural  
Resource Centre  
42-44 Albert Road  
Govanhill  
G42 8DN

### The Well Multi-Cultural Resource Centre

The Well Multi-Cultural Resource Centre is a registered Scottish Charity that exists to serve the ethnic minority communities in South East Glasgow. The Well supports people to overcome these disadvantages through our one-to-one Advice Consultations and friendship-building activities.

- **Advice/Consultations**
- **Chai and Chat**
- **Bubbles Toddler Group**
- **English Classes**

\*These activities are for women only

<https://thewell.org.uk>

✉ [info@thewell.org.uk](mailto:info@thewell.org.uk)

☎ 0141 424 4523



McCormick Business  
Centre,  
50 Darnley Street,  
Glasgow,  
G41 2SE.

### Amina Muslim Women's Resource Centre

Amina is an intersectional organisation that empowers and supports Muslim, Black and Minority Ethnic women to create an inclusive Scotland. We envision world where Muslim and BME women are fulfilling their aspirations.

- **Helpline Service including an Alima on the Helpline for Islamic Advice on 0808 801 0301**
- **Immigration Law Clinic on 0808 801 0301**
- **Telephone Befriending Service**
- **Casework Service**
- **Violence against Women and Girls awareness workshops and trainings**
- **Financial Advocacy Casework Service**
- **Women's Friendship Group sessions**
- **Creative Well-being sessions**
- **Employability support**
- **English language classes (ESOL)**

<https://mwrc.org.uk>

☎ 0141 212 8420



126 Calder Street  
Govanhill  
Glasgow  
G42 7QP

## Govanhill Baths Community Trust

The Govanhill Baths is a community hub based in the heart of Govanhill providing health and well-being educational workshops and classes for the local community free of charge.

These may include;

- Yoga
- Fishing
- Walking Group
- LGBTQI+ Gardening Group
- Art Activities
- Youth Club

<https://www.govanhillbaths.com>

☎ 0141 433 2999



Govanhill Workspace,  
Unit 4,  
69 Dixon Road,  
Glasgow,  
G42 8AT

## Women on Wheels

Women on Wheels (SCIO) is a Glasgow-based community cycling hub for women and their families. A service designed and led by women, we deliver a range of cycling activities to get women and families back on a bike or onto a bike for the very first time.

- Cycling Lessons
- Confidence Building Rides
- Social Events
- Bike Buddy Support
- Maintenance classes
- Bike hire

<https://womenonwheels.org.uk>

☎ 07927 357 140



Room 27,  
Adelphi Centre,  
12 Commercial Road,  
Glasgow, G5 0PQ

## Freedom from Torture

Freedom from Torture are a UK-wide charity providing therapy and medical evidence to torture survivors living in the UK, as well as protecting and promoting torture survivors' rights.

In Glasgow, they provide support to torture survivors through therapy, law, welfare and community development to enhance their rehabilitation and integration.

**\*\* Referral or self-referral required to access the services below**

- Therapy & Support
- Asylum Rights
- Activism

<https://www.freedomfromtorture.org>

☎ 0141 420 3161



The Barn Youth  
Centre, 37  
Abbotsford  
Place, Gorbals,  
Glasgow G5 9QS

## Crossroads Youth and Community Association

Crossroads Youth and Community Association believes that everyone has the right to live flourishing lives. Opportunities available including:

- Sewing group
- Friendship group
- Junior Sessions
- Senior Sessions
- Arts and Crafts
- Toastie Fridays
- Family Cooking
- Young persons' drama group
- Outdoor and residential adventures
- Multicultural community events
- Gorbals Housing Action Group
- Community Gardening
- Yoga, shiatsu treatments
- Baby and toddler group

 <https://www.facebook.com/BarnYouthCentre>

 [www.cyca.org.uk](http://www.cyca.org.uk)

 [info@cyca.org.uk](mailto:info@cyca.org.uk)

 0141 429 3254



Glasgow Elim  
Pentecostal Church  
42 Inglefield Street  
Glasgow G42 7AT

## CrossReach Daisy Chain Early Years Project

The Daisy Chain Early Years Project, use a whole range of activities to promote attachment between parent and child. The Project uses play, literacy-based activities and creative arts to ensure the children are Safe, Healthy, Included, Nurtured and Engaged (SHINE).

- **Come and Play** - Weekly play sessions for parents and children.
- **School nurture programmes** - Indoor and outdoor based sessions targeted at supporting the wellbeing and development of primary school aged children.  
\*Referral from schools needed.
- **Loc de Joaca** - 'A place to play' in addition to support with social inclusion for the Romanian Roma community.
- **Little Marvels** - Play opportunities and support for children and families with additional support needs.
- **Family Support** - Needs led one to one support for parents.

 <https://www.crossreach.org.uk/our-locations/daisy-chain-early-years-project>

 0141 423 4777

## the hidden gardens

The Hidden Gardens  
25a Albert Drive  
Glasgow  
G41 2PE

## The Hidden Gardens

The Hidden Gardens is a beautiful public oasis located in the Pollokshields area of Glasgow.

It is an urban greenspace where you can relax away from the busy city streets, discover nature, get creative and connect with friends and neighbours.

- Outdoor health and wellbeing activities for all
- Cultural cooking and community food sharing
- Volunteer-led garden tours
- Community events and festivals space
- Men's group
- Gardening groups
- Volunteering opportunities

🌐 <https://thehiddengardens.org.uk>

☎ 0141 433 2722



109 Bellrock Street  
Glasgow  
G33 3HE

## Sistema Scotland - Big Noise

Sistema Scotland, we're committed to improving lives and strengthening communities through music and nurturing relationships!

The Big Noise programme is particularly focused on early years' intervention and long-term delivery in **Govanhill**. The programme gradually building on core skills such as listening, concentration, rhythm, rhyme and teamwork whilst learning to play an instrument in a group.

**\* The services are children who live in or go to school in the Govanhill area only.**

- Little Noise (babies and toddlers with their parents)
- After school Club
- Holiday Club
- Govanhill Community Orchestra (Adults)

🌐 <https://makeabignoise.org.uk/big-noise/govanhill/>

☎ 0141 328 4113



39 Inglefield Street,  
Govanhill,  
Glasgow, G42 7AY

## Larkfield Community Centre

The Larkfield Community Centre is established in the Govanhill Area to promote the benefits of the inhabitants of Govanhill without distinction of political, religious, or other opinions.

- Art Group
- Women's Exercise Class
- Women's Group
- Social activities

🌐 <https://larkfieldcentre.weebly.com>

☎ 0141 424 1797



**CRANHILL  
DEVELOPMENT  
TRUST**

109 Bellrock Street  
Glasgow  
G33 3HE

## Cranhill Development Trust

Cranhill Development Trust (CDT) is an integral part of its community, responding successfully to the complex needs of Cranhill since 2002. CDT's primary charitable aims are to promote resilience, tackle poverty and address social exclusion through a holistic range of programmes, opportunities, and events.

- **Employability and Welfare support**
- **Holiday Programme**
- **Community Gardening Sessions**
- **English Classes**
- **Social Cooking Club**
- **Digital Support**

🌐 <https://cranhilldt.org.uk>

☎ 0141 774 3344



## The Sound Lab

The Sound Lab is helping young people and other communities to fulfil their creative potential through free music, media, digital and art tuition.

- **Singing, song writing and vocals**
- **DJ skills and production**
- **Guitar**
- **Drums**
- **Keyboard**
- **Podcasting / Broadcasting**
- **And many more...**

🌐 [www.thesoundlab.org.uk](http://www.thesoundlab.org.uk)



**FINN'S  
PLACE**

Finn's Place,  
Langside Church,  
167 Ledard Road,  
Glasgow,  
G42 9QU

## Finn's Place

The aim of Finn's Place is to provide opportunities for local residents to improve and enhance their well-being through a weekly programme of activities and occasional community events.

- **Christian Meditation**
- **Men Talking Group**
- **English Classes**
- **Garden Sessions**
- **Indoor Labyrinth/Mindful Walking**
- **Indoor Social Space with free refreshments**

🌐 <https://www.finnsplace.org>

☎ 0141 632 7520



## GMACFILM

Fifth Floor,  
Trongate 103,  
Glasgow,  
G1 5HD

### GMAC Film

Established as a charity in 1982, GMAC Film is an open access media centre that delivers a creative and artistic programme for all people, regardless of age, background or income to acquire the skills, knowledge, resources and confidence to realise their ambitions in film and elsewhere in the creative sector.

- Youth workshops
- BFI Film Academy (16-24)
- Employability for the screen sector (Screen Start)
- Film commissioning scheme (Little Pictures)
- Network & show your film events (Cafe flicker)

<https://www.gmacfilm.com>

 0141 553 5400



514 Victoria Road  
Glasgow,  
G42 8BG

### South Seeds

South Seeds works in partnership with residents and organisations within the local community to help improve the area and help Southsiders live more sustainable lives. South Seeds' recent projects have involved increasing energy awareness for Southside residents, helping people learn more about growing food at its allotments in Queens Park, and reducing the amount of waste that we produce via its tool library project.

- Gardening Activities
- Outdoor Activities
- Energy Efficiency Tips
- Growing Sessions

\*\* Activities are offered to local residents (G41, G42, G43 postcodes residents)

<https://southseeds.org>

 0141 636 3959




### Castlemilk Parish Church

Castlemilk Parish Church aims to be open, welcoming and inclusive and tries to find new and effective ways to serve the people of Castlemilk. Looking for and encouraging the strengths and gifts of local people, as well as the common ground and values we share with other organisations, we work together to care for and support our community.

- Soup Lunch Club
- Tea and Scones
- Community Meals
- Craft Groups

<https://castlemilkparishch.wixsite.com/castlemilk-parish>

 0141 634 7113



**Glasgow Life Community Centres**

Glasgow Life is a charity that delivers cultural, sporting and learning activities on behalf of the Glasgow City Council. In doing so we aim to make a positive impact on individuals, the communities in which they live and the city as a whole. Glasgow delivers a range of services including arts, music, sports, and events in several community centres across Glasgow. The community centres are located in:

**Barlanark - Barmulloch - Bellcraig - Castlemilk - Couper - Cranhill - Darnley - Drumchapel - Geoff Shaw - Govanhill - Linn Park - Maryhill - Netherton - Partick - Penilee - Pollok - Pollokshields - Possilpoint - Ruchill - St. Francis**

- Learning opportunities
- English Classes
- Dancing
- Yoga
- Religious activities
- Knitting Club
- Karate
- Tha-Chi
- Children activities
- Sport activities

<https://www.glasgowlife.org.uk> ☎ 0141 287 4350



Maryhill Integration Network  
35 Avenuepark Street,  
Glasgow,  
G20 8TS

**Maryhill Integration Network**

Maryhill Integration Network (MIN) was established to bring asylum seekers, refugees, migrants, and the settled inhabitants of Glasgow together. MIN has been developing projects which support positive social change by investing in communities and providing welcoming, safe and inclusive space.

- Art Group
- English Classes
- Family Group
- Gardening Club
- Joyous Choir
- Men's Group
- Asylum seeker and refugee support
- Oasis Women's Group
- IT Support

<https://www.maryhilegration.org.uk> ☎ 0141 946 9106



baby steps, big changes

32-36 Nithsdale Road  
Strathbungo  
Glasgow  
G41 2AN

## Merry-Go-Round

Merry-go-round is an inclusive preloved baby shop. – a social enterprise and registered charity that offers:

- A boutique shop in Glasgow’s Southside where families can purchase highquality second-hand children’s goods at low prices.
- A supportive space with an events programme where everyone is welcome.
- Free goods and support for families who need the most help.
- **Bumps & Babies**
- **Breastfeeding Support**
- **Dad’s & Weans**

<https://www.merrygoroundglasgow.co.uk>

☎ 0141 423 2299



The Albany Centre  
44 Ashley Street  
G3 6DS

## Community Info Source

Community InfoSource works with marginalised communities in Glasgow, primarily with asylum seekers and refugees, to put their ideas into action and to secure their rights.

- **ESOL lessons for beginners (online and face-to-face)**
- **Peer Support & Buddy Volunteer**
- **Wellbeing Walks & Activities**
- **Asylum Seeker housing rights and support**
- **Eviction Support**

<https://www.infosource.org.uk>

☎ 0141 258 2773



## Weekday Wow Factor

The Weekday Wow Factor priorities working with adults 50+. However, younger adults are welcome! We use exciting and healthy leisure activities to make new friendships and gain new confidence along the way.

- **Virtual Daytime Disco**
- **In-person Daytime Disco**
- **International music and dance**
- **Mini-bus day trips**
- **Virtual Tai Chi**
- **Virtual walks**

<https://weekdaywowfactor.com>

☎ 07717 732 542



**KINNING  
PARK  
COMPLEX**

Kinning Park Complex  
43 Cornwall Street  
Glasgow  
G41 1BA

**Kinning Park Complex**

Kinning Park Complex is a community-owned space in the Southside of Glasgow, which is a place where our communities work together to ensure that wellbeing is prioritised in a world that is sustainable and just.

- **Support & Guidance**
- **Men's Group**
- **Women's Group**
- **Events**
- **Classes**

🌐 <https://www.kinningparkcomplex.org>

☎ 07544 612 437



1008 Govan Road,  
Govan  
G51 3DU

**Gilded Lily**

Award-winning Gilded Lily's activities help women to overcome barriers and become more confident and creative. Gilded Lily does this through supportive and flexible programmes to explore, start-up and succeed in enterprise, social enterprise or employment.

- **Confidence & Wellbeing**
- **Soap and bath bomb making**
- **Accessories and jewellery making**
- **Guided walks**
- **Cookery classes**
- **Painting classes**
- **Certificated training**
- **Digital access and support**

🌐 <http://gilded-lily.org.uk/>

☎ 0141 440 1109



41 Burleigh Street  
Glasgow  
G51 3LA

**Make Do & Grow**

It's a Glasgow-based social enterprise supporting families through creativity and play, reuse and recycling. Make Do & Grow encourages creative development through our structured classes and free play sessions, using recyclable materials.

- **Community Events**
- **Creative Workshops**
- **Toddler Crafts (age 18 months -5 years)**
- **Junior Art Club (age 5-8)**
- **Art Club (age 8-12)**
- **Family Craft Club (all ages)**
- **Toy Library**

🌐 <https://www.makedogrow.co.uk>

☎ 0141 440 5998



**The portal arts**  
connect · co-create

The Portal Arts  
978 Govan Rd  
G51 3AJ

## The Portal Arts

The Portal Arts is an art and media charity based in Govan, Glasgow. Through creative participation, we aim to improve wellbeing and address inequality. The creative participation programmes provide opportunities to meet new people, develop creative skills and access professional resources.

**\* Self-referral required for the services below.**

- Kickstart employment programme
- The Portal Seniors Film Club

<https://www.theportalarts.com>

☎ 0141 445 1666



Elderpark Housing  
Association,  
65 Golspie Street,  
Glasgow,  
G51 3AX

## Elderpark Housing Association

Alongside building new and affordable homes for the people of Govan, Elderpark Housing Association work towards building the community and helping make Govan such a great place to live. The Elderpark Housing's Community centre offers a wide range of activities for all ages.

- Arts and Crafts Class
- Youth Clubs
- Community Lunch
- Drama and Performance Class (14-19 years old)
- Volunteering Programme
- Cookery course
- Gardening and Growing Vegetables

<https://elderpark.org>

☎ 0141 440 2244



15 Fairley Street  
Glasgow  
G51 2SN

## GalGael Trust

GalGael are a working community based in Glasgow, Scotland, working together on demanding common tasks that demonstrate ways of living with more humanity in our times. Central to all work in Galgael is learning how to create and practice healthy community – community that is good for individuals and society as a whole.

- Woodwork Program
- Boat Building
- Basic Woodwork
- Workshop
- Garden Growing Space & Volunteering

<https://www.galgael.org>

☎ 0141 427 3070



18-20 Orkney Street,  
Govan,  
Glasgow G51 2BX

**MUSICIANS IN EXILE: The Glasgow Barons**

Musicians in Exile welcome asylum seeking and refugee musicians in and around Glasgow. We meet in Hillhead each Tuesday evening to rehearse. Our support charity, The Glasgow Barons, provides rehearsal space, travel expenses, instruments and chances to perform. We have performed at The Scottish Parliament, Refugee Festival Scotland and festivals in Glasgow and Edinburgh. We perform and support each other in playing the music of our homelands.

- **Musicians in Exile**

<https://www.glasgowbarons.com>    [paul@glasgowbarons.com](mailto:paul@glasgowbarons.com)    07464 669 972



The Preshal Trust  
PO Box 7344  
8 Aboukir Street  
Glasgow G51 4QX

**The Preshal Trust**

The Preshal Trust was launched in November 2002 and is a registered charity based in Govan. The aim of the Preshal Trust is to make a difference to the lives of people within South West Glasgow by providing holistic, locally based care and support to individuals and their families suffering from the effects of social exclusion.

- **Digital Photography**
- **Cooking Class**
- **Knitting**
- **Guitar Class**
- **Breakfast Club**
- **Art Class**
- **Sewing**
- **Women's Group**
- **Card Making**
- **£1 for 2 course lunch**
- **Bingo**
- **Choir**
- **Drums**
- **Baking Class**

<https://www.preshaltrust.org.uk>    0141 445 3689



Pearce Institute  
840-860 Govan Rd,  
Glasgow  
G51 3UU

**Govan Help**

Govan HELP supports families with children in the Govan area of Glasgow. It's a charity which exists to build the resilience, confidence and self-worth of children and their families through the provision of a range of early intervention services.

- **Family Support**
- **Play Therapy**
- **Befriending**
- **Training & Volunteering**
- **Adult Counselling**
- **Community Interpreters**
- **The Govan Pantry**  
\*£2.50 for up to 10 items

<https://www.govanhelp.org>    0141 445 6481



Room 8, Block A  
The Adelphi Centre  
Glasgow  
G5 0PQ

## Ubuntu Women Shelter

Ubuntu Women Shelter is a Glasgow - based charity that provides unconditional practical support for destitute women and people of other marginalised genders who have no recourse to public funds and insecure immigration status in Scotland.

- **Short term accommodation**
- **Practical destitution support (finding a lawyer, GP registration, emergency cash grants)**
- **Advice and information (Education, health, housing, demand your rights sessions)**
- **Weekly drop-in (Mondays 10-2pm) for signposting, specialist advocacy and casework**
- **Specialist 'by and for' Empowerment and Wellbeing training**
- **Awareness raising, outreach and campaigning to end the hostile environment**
- **Community Hub**
- **24-hour emergency helpline for women and girls subject to the NRPF condition and escaping violence**

🌐 <https://www.ubuntu-glasgow.org.uk>

☎ 07835 160 913

Emergency Support ☎ 07570 877 817



**RANGERS  
CHARITY  
FOUNDATION**

Argyle House  
Ibrox Stadium  
150 Edmiston Drive  
Glasgow  
G51 2XD

## Rangers Charity Foundation

The Foundation exists to be a force for good on behalf of the Rangers Family, showing compassion to those in need, tackling inequalities and creating opportunities for people of all ages to change their lives for the better.

- **Men's Mental Health Groups**
- **Physical activity**
- **Recovery Drop-In**
- **Pupil Groups**
- **Walking Football (50+ age)**
- **Visually Impaired Football (8-18 years old)**
- **Autism Friendly Football (5-16 years old)**

🌐 <https://www.rangerscharity.org.uk>

☎ 0141 580 8775



Pollokshaws Burgh Hall  
2025 Pollokshaws Road  
Glasgow  
G43 1NE

**Home Start Glasgow South**

Home Start Glasgow South is a family support charity offering support that helps to give young children the best possible start in life. They work with families living in the southside of Glasgow who have at least one child under 8 years old to help them overcome issues affecting their lives with a range of family support services.

- Dads & Weans (Perinatal Support Group)
- ASN Group – Peer Support Group for Parents/Carer
- Baby Massage – Home and Group Support
- Creative Play Workshops
- School Family Support
- English Classes
- Group Work
- Family Trips & Events
- Volunteering Opportunities
- Home Visiting Volunteers / Tutors
- Perinatal Support Service
- Thriving Homes Service
- Intensive Family Support
- Video Interactive Guidance
- Dads 1-1 support
- Dads Antenatal Workshops

<https://www.homestartglasgowsouth.org.uk/home-2/> ☎ 0141 570 8735



9 Water Row  
Govan Cross,  
Glasgow  
G51 3UW

**Govan Youth Information Project**

It's a non-profit organisation with the aim of delivering empowering and meaningful youth work to all children and young people within the Glasgow Govan area.

- Youth Provisions
- School Holiday Programme
- Physical and Social Education
- Information and Advice

<http://gyip.org.uk/> ☎ 0141 445 4505





65 Haugh Road  
Glasgow G3 8TX  
0141 248 5409

539 Victoria Road  
Langside Lane  
Glasgow G42 8BH  
0141 261 1609

## Bike for Good

Bike for Good is a charity and social enterprise which started in July 2010, providing access to low-cost but good quality bikes while offering a comprehensive programme of inclusive projects which promote, support and encourage greater levels of cycling.

- **Cycling Lessons**
- **Fix Your Own Bike Sessions**
- **Women & Non-binary Lessons/Rides**
- **Quick Fix Repair**

[www.bikeforgood.org.uk](http://www.bikeforgood.org.uk)

[workshopglsouth@bikeforgood.org.uk](mailto:workshopglsouth@bikeforgood.org.uk)

[workshop@bikeforgood.org.uk](mailto:workshop@bikeforgood.org.uk)



**The portal arts**  
connect · co-create

Gallery 966,  
966 Govan Road  
G51 3AJ

## Creative Steps

The Creative Steps programme delivers creative participation and peer support to individuals experiencing enduring mental health conditions and a lack of connection with their community.

This effective three-step programme focuses on building the strengths of participants so that they can progress from their place of treatment back in.

- **Community Based Groups**
- **Choir**
- **Sewing and arts based classes**

[www.theportalarts.com/creative-steps-to-wellbeing/](http://www.theportalarts.com/creative-steps-to-wellbeing/)

[creativesteps@theportalarts.com](mailto:creativesteps@theportalarts.com)

**The Glendale  
Women's Cafe**

423 Shields Road  
Pollokshields  
Glasgow  
G41 1NY

**The Glendale Women's Cafe**

The Glendale Women's Cafe Project is creating a cohesive neighbourhood in Pollokshields by empowering local women. We offer a safe and welcoming space in which women can come together to learn, create, enjoy and support each other.

- **Walks**
- **Crafting Session**
- **Photo Workshops**
- **Massage**
- **ESOL Classes**

🌐 <https://glendalewomenscafe.org.uk>

☎ 07871 350 149



22 Ibrox Street  
Glasgow  
G51 1AQ

**FanzClub CIC**

Fanzclub facilitates the integration of marginalised communities into everyday life in the UK. We do this by facilitating free access to events for those people that would ordinarily never get the opportunity to attend a ticketed show. We support , Asylum seekers, Refugees, Un - accompanied Children, victims of human trafficking - destitute people and other migrants.

- **Cinemas**
- **Theatre**
- **Festivals**
- **Live-Gigs**
- **Buddy Scheme**
- **Sports**

📷 <https://www.instagram.com/fanzclubcic/>

🌐 [www.fanzclub.org](http://www.fanzclub.org)


✉ [info@fanzclub.org](mailto:info@fanzclub.org)


## Information and Advice Organisations

### Asylum Health Bridging Team

- We are part of the Glasgow City Health and Social Care partnership homelessness services in Glasgow City Centre.
- We provide initial health assessments to all newly arrived Asylum seekers in Glasgow city as they wait on a decision regarding their claim for Asylum from the Home office.
- All service users are registered with a local GP.
- We will identify immediate health needs and refer you to the appropriate NHS service.
- We also provide information and contact details on how to access out-of-hour services, pharmacy first and how to access the GP.
- We will also refer you to other services including local integration services and other 3rd party services.
- We will offer ongoing mental health support if required.
- We provide face to face health drop-in clinics.
- We provide a telephone triage to all patients in initial accommodation.
- Once a patient has a positive decision on their asylum claim and moves from the initial accommodation we allocate them a GP in the area where they are staying.

**Contact:**

Monday to Friday  09:00-17:00

 0141 531 1501

Clyde House  
209 Govan Road  
Glasgow G51 1HJ

## Information and Advice Organisations

### Migrant Help

Free asylum helpline (open 24/7: **0808 8010 503**)

<https://www.migranthehelpuk.org>

### Scottish Refugee Council

Monday-Friday, from 9am to 5pm: **0808 1967 274**

<https://www.scottishrefugeecouncil.org.uk>

### The Unity Centre

Opening hours vary: **0141 427 7992**

<https://unitycentreglasgow.org>

### Glasgow City Mission

**0141 221 2630 / 0141 445 3551**

<https://www.glasgowcitymission.com>

### British Red Cross

Monday, Tuesday, Thursday 09.30 – 13.00 and 14.00 – 16.15

Wednesday and Friday closed.

**07590 445367 / <https://www.redcross.org.uk>**

### Refuweegee

Clothing, household items and food - free of charge (Booking is necessary) To book - **0141 401 0756 / [enquiries@refuweegee.co.uk](mailto:enquiries@refuweegee.co.uk)**

<https://www.refuweegee.co.uk>

## Information and Advice Organisations (continued)

### Simon Community Scotland

support to people experiencing, or at risk of, homelessness.

Open 24/7: **0800 027 7466**

### Maslow's Community Shop - Free clothing & household goods

70 Shaw Street: Monday to Friday, 10am - 4pm

94 Langlands Road: Tuesday to Friday, 10am - 4pm

**0141 387 0978 / <https://www.maslowscommunity.co.uk>**

### Positive Action in Housing

10am to 5pm Monday to Friday: **0141 353 2220**

**<https://www.paih.org>**

### Trafficking Awareness Raising Alliance

Crisis support for adult women victims of commercial sexual exploitation

**0141 276 7724**

**<https://www.tarascotland.org.uk>**

### The Bridges Programme - Employment, education, training support.

Monday-Friday, from 9am to 5pm: **0141 558 9749**

**<https://www.bridgesprogrammes.org.uk>**

### Safe in Scotland

Emergency accommodation for destitute asylum seekers.

Duty phone: **07818372130**

**Website: [www.safeinscotland.com](http://www.safeinscotland.com)**

### SOHTIS

Long-term support for all adult victims and survivors of human trafficking or exploitation.

**[www.sohtis.org](http://www.sohtis.org) / [enquiries@sohtis.org](mailto:enquiries@sohtis.org)**





